

Group programs

Contact Patient & Family Counselling to register for group programs or sign up at:

<https://www.surveymonkey.ca/r/WorkSeminars>

- Return to Work Group
- Job Search Seminar
- Looking for Work Using Social Media



Cancer & Work website

<https://www.cancerandwork.ca/>

The Cancer and Work website addresses the unique needs of cancer survivors with returning, remaining, changing work or looking for work after a diagnosis of cancer.

Telephone & toll-free numbers

(within B.C.)

Abbotsford

604.851.4733

1.877.547.3777 x 644733

Kelowna

250.712.3963

1.888.563.7773

Prince George

250.645.7330

1.855.775.7300

Surrey

604.930.4000

1.800.523.2885

Vancouver

604.877.6000 x 672189

1.800.663.3333 x 672189

Victoria

250.519.5525

1.800.670.3322

Patient & Family Counselling

Supportive Care Services:

www.bccancer.bc.ca/our-services/services/supportive-care



Provincial Health Services Authority

**BC
CAN
CER**

Provincial Health Services Authority

VOCATIONAL REHABILITATION

for work or school concerns



Patient & Family Counselling

604.877.6000 x 672189

Toll-free 1.800.633.3333 x 672189

What is vocational rehabilitation?

Some people with cancer may not be able to return to a previous job, while others may decide to change jobs. Some people need help making the transition back to work and others may need advice dealing with job-related issues, such as worker rights and responsibilities.

Our vocational rehabilitation counsellor can help people with cancer make a plan based on their unique needs. Planning can include:

- Returning to your former workplace
- Maintaining work
- Changing jobs
- Finding new work

Who can access

Registered BC Cancer patients who have work or school related concerns can speak with a vocational rehabilitation counsellor. They can also access work-related group programs.

What we offer

Vocational rehabilitation counselling can help identify what is important to you so you can make work and career decisions.

Our counsellor can provide:

- Assessment of vocational needs
- Information and referral to resources available in the community
- Clarify insurance benefits and services
- Assistance with setting realistic work goals and expectations
- Information on human rights and disability issues
- Guidance about disclosure with colleagues on in a job interview
- Support on how to negotiate with employer for return to work and job accommodations
- Identify sources of funding for retraining
- Help with life planning and goal setting
- Ideas for managing stress at work

Common questions

- Will I be able to return to my old job?
- What do I say to my boss and coworkers?
- How do long-term disability benefits work?
- What are my legal rights and responsibilities regarding returning to work or looking for work?
- What retraining is available?

How to access

Lower Mainland residents: Schedule an appointment to speak over the phone, by virtual health (by zoom) or attend in person at the Vancouver Centre, Patient & Family Counselling.

Outside of the Lower Mainland: appointments by virtual health (by zoom) or by a toll-free telephone line are available.

Call Patient & Family Counselling (numbers on reverse) at your centre to schedule an appointment.